



# cognitive decline in virginia

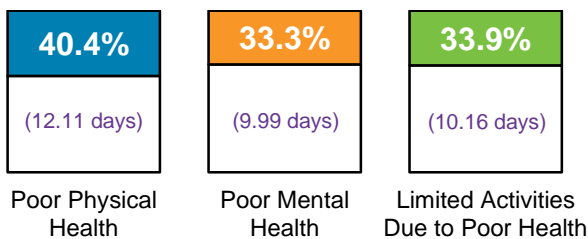
DATA FROM THE 2012 BEHAVIORAL RISK FACTOR SURVEILLANCE SYSTEM

In Virginia, **10.3 percent** of those aged 45 and over report that they are experiencing confusion or memory loss that is happening more often or is getting worse.

**Three-quarters** of them have not talked to a health care professional about it.

For those with worsening memory problems, **more than 40 percent** say it has interfered with household activities and/or work or social activities.

Portion of last 30 days, on average, people with memory problems experienced . . .

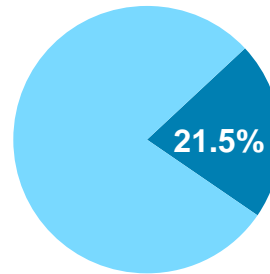
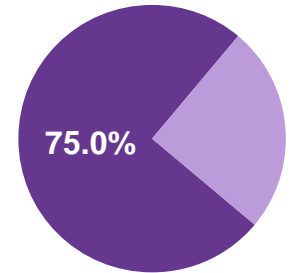


## Characteristics of those with memory problems

Disabled	65.6%
In Fair/Poor Health	56.1%
Ever Had Depression	45.8%
Have Trouble Seeing	49.8%
Smoke	26.1%

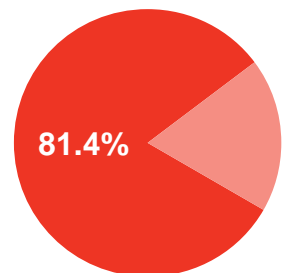
*This Fact Sheet is supported by Cooperative Agreement #5U58DP002945-04 from the Centers for Disease Control and Prevention (CDC). Its contents are solely the responsibility of the Alzheimer's Association and do not necessarily represent the official views of the CDC.*

Percent with memory problems who have not talked to a health care provider



Percent with memory problems who live alone

Percent with memory problems who have at least one other chronic condition\*



*\*Other chronic condition is defined as arthritis, asthma, COPD, cancer, cardiovascular disease, and diabetes.*

Percent with memory problems who say it creates difficulties and burden

